Asking Youth About Sexual Orientation, Gender Identity, and Gender Expression (SOGIE)



In a Youth's Own Words



From 3/40 Blueprint: Creating the Blueprint to Reduce LGBTQ Youth Homelessness | www.340blueprintproject.com











Youth Sexual Orientation, Gender Identity, and Gender Expression (SOGIE): How and When to Ask



10 **Respect youth**

who decide not to disclose their SOGIE, and those who are unsure of or questioning their sexual and/or gender identity.

Explain why the data is being collected.

2

Advise youth about who may have access to their information, and under what conditions it may be made available.

3

On intake documents make sure SOGIE-related questions are not on the first page or at the top of the page near the youth's name, to protect their privacy.

Avoid assuming SOGIE based on speech, mannerisms, dress, or other aspects of gender expression.

10 Steps to More Effective

Data Collection

Use gender-neutral pronouns in written materials.

8

Recognize that some youth may not have a strong sense of their SOGIE or may lack the vocabulary to describe them.

> Try asking about SOGIE informally, such as inquiring about relationships or talking about the larger LGBTQ community.

6 **Build rapport** with youth who do not wish to report their SOGIE upon initial contact.

5 In addition to preidentified SOGIE categories, allow space for youth to write in their own descriptions.

From 3/40 Blueprint: Creating the Blueprint to Reduce LGBTQ Youth Homelessness | www.340blueprintproject.com









UNIVERSITY of HOUSTON GRADUATE COLLEGE of SOCIAL WORK

Talking to Youth about Sexual Orientation, Gender Identity, and Gender Expression (SOGIE)



Provider Perspectives



There is a question, and it's sort of prefaced with, "You have the right to refuse to answer this question if you choose; this question is **asked because of a specific grant.**" If someone checks a "female" box, I'm putting in "female." Because ultimately, I'm not questioning your gender because I want you to know no one else should be questioning it.

Provider Concerns Intrusion into youths' privacy

Forcing youth to "fit in boxes" that reflect government databases and funding mandates, but not their complex identities

Over- and under-representation of identities as the result of having to select from predetermined categories

Multiple disconnected and inconsistent systems requiring data entry

From 3/40 Blueprint: Creating the Blueprint to Reduce LGBTQ Youth Homelessness | www.340blueprintproject.com









UNIVERSITY of HOUSTON GRADUATE COLLEGE OF SOCIAL WORK

Collecting Youth Sexual Orientation, Gender Identity, and Gender Expression (SOGIE) Data



4 Points to Remember Before Asking for SOGIE Information:

Youths' mixed feelings about disclosing SOGIE is no surprise, given the high incidence of trauma experienced by homeless youth and the fact that for many, SOGIE disclosure may have been a factor in their becoming homeless.

As youth are still going through many developmental changes, they may not have a strong sense of their sexual orientation or gender identities, or they may lack the vocabulary to accurately define or describe them.



LGBTQ youth, just like heterosexual or cisgender youth, may need education around SOGIE spectrums and the pitfalls of assuming another's SOGIE based on speech, mannerisms, dress, or other components of gender expression.

LGBTO youth may be at particular risk for homelessness because they often come out at a young age. These youth may be cognitively less developed and may be using running away from home as a coping strategy.



TIMES

Likelihood that a homeless LGB youth has been abused by family members, compared to LGB youth who are not homeless.¹



How much earlier LGBTQ homeless youth develop their sexual identity, compared to those who do not become homeless.²

References

- 1. Walls, N. E., Hancock, P. & Wisneski, H. (2007). Differentiating the social service needs of homeless sexual minority youths from those of non-homeless sexual minority youths. *Journal of Children and Poverty, 13*(2), 177-205, doi: 10.1080/10796120701520309.
- 2. Rosario, M., Schrimshaw, E. W., & Hunter, J. (2012). Homelessness among lesbian, gay, and bisexual youth: Implications for subsequent internalizing and externalizing symptoms. *Journal of Youth Adolescence, 41,* 544-560.

From 3/40 Blueprint: Creating the Blueprint to Reduce LGBTQ Youth Homelessness | www.340blueprintproject.com









UNIVERSITY of HOUSTON GRADUATE COLLEGE OF SOCIAL WORK